

Common Infectious Diseases: Incubation and exclusion periods

Disease	Usual incubation period (days)	Interval between illnesses and appearance of rash (days)	Minimum exclusion period, provided child appears well
Chicken Pox	10-21	0-2	7 dys from onset of rash
German Measles	14-21	0-2	Until clinical recovery
Measles	2-10		Until clinical recovery
Meningitis	2-10		until clinical recovery bacteriological examination is clear
Mumps	12-28		Until disappearance of all swelling
Scarlet fever	2-5	1-2	Until clinical recovery
Whooping cough	5-14		Until clinical recovery
Sickness & Diarrhoea			48 hrs after last episode
Hand, foot & mouth	3-6		Exclude for 3dys after onset of rash
Conjunctivitis	0		None
Impetigo			Excluded until sores have crusted over